

Walks from Running Hare



# Biskey Howe 3-ways



Biskey Howe is a peaceful away-from-it-all viewpoint above Bowness-on-Windermere. You have a choice of a short walk there and back—when you just want to fit in that little get-away—or two different longer walks.

**Option A: Speedy hare there and back, just under 3.5km/1 mile**

**Option B: Circular walk with optional stop-off in vibrant Bowness-on-Windermere for the marina, food, drink or shopping**

**Option C: Circular walk to Post Knott and Brant Fell , climbing three stunning local viewpoints in one walk**

Please return the leaflet for other guests. You can also find it, together with our other walks, on the Running Hare website at [www.runningharewindermere.co.uk/walks-from-here](http://www.runningharewindermere.co.uk/walks-from-here)

## To Biskey Howe

1. Leave Running Hare from the front door, turning right down Limethwaite Road, then left up Park Road by the corner shop.
2. Walk to the top of the hill, ignoring the left turn up Lickbarrow Road. As the road bends right, cross to enter the path into the woods signposted *Public footpath Bowness ½ a mile {Danielle and Bruce sponsored this signpost in memory of their parents}*.
3. Walk along this track with the woods to your left and houses to the right. Climb through the gap in the stone wall and continue along the path with the fields on the left. Go through the wooden gate (or gap where there was a gate).
4. When you come to *Helm Farm Cottage* turn right onto the track which turns into a tarmac road. Follow it downhill as it becomes Elm Road, until you come to a junction. [Straight ahead down the road leads to Bowness, and the track on the left is for Post Knott].

Turn right going uphill and cross the next road to reach Biskey Howe.

5. Either follow the path round and up or clamber up the stone steps then over the rocks to reach the Biskey Howe viewpoint and benches.

### **Option A: Speedy hare there and back, just under 3.5km or 1 mile**

6. To return directly to Running Hare, retrace your steps to Elm Road, walking back up the hill until you see Helm Farm ahead, then turn left onto the track you originally came on.
7. Go through the wooden gate (that may or may not actually have a gate attached) and stay on this track (not the narrower walled track which leads to a dead end road, Hilltop Road). Keep straight on and go over the stone stile gap in wall. Turn right past the houses and fields you passed earlier, carrying along the track until you emerge on Park Road.
8. Walk down Park Road and turn right at the corner shop to reach Limethwaite Road.

### **Option B: Circular walk with a visit to Bowness-on-Windermere**

6. Facing the lake, near the information plaque, follow the steep wood-framed stony steps down till they reach a stony path. This leads to Biskey Howe Road.
7. Turn left down Biskey Howe Road, crossing Craig Walk {this is around 2k} till you reach Lake Road, the main road that links Bowness to Windermere.  
\*\* It's a right turn uphill to get home; alternatively turn left to explore Bowness, walk by the marina, do some shopping and enjoy some food and drink. It's a steep hill back to Windermere, you may need to refuel \*\*8. To return to Running Hare, go up Lake Road, until you meet Thornbarrow Road. Walk up the hill going left into Oakthwaite which then leads you to Running Hare.

For a more scenic route back, check out the *Bowness the Scenic Way* walk, taking you back via Sheriff's Wood.

**Option C: Circular walk to Post Knott and Brant Fell – from point (7) this is more or less the same as the Post Knott/Brantfell Walk**

6. Leave Biskey Howe the way you came, retracing your steps down to the crossroads where you saw the signpost for Post Knott.

7. Ignore the private property road on the left and go through the wooden gate ahead. You will see the National Trust sign for Post Knott. Follow the wide path as it curves up, with Lake Windermere to your right, and stone seating on the left. Follow the path to the left as it ascends in an inward spiral. Ignore the gate to your right for now, and reach the top of the viewpoint to your left, marked with a slate bench. This is not Post Knott itself, but it offers a good view of the northern part of the lake.

8. Go back down to that wooden gate. At the fork in the path, go right for Post Knott (it's not marked) where there is a little wooden bench. The view may be partly obscured by the trees and shrubs; the island in Lake Windermere is Belle Isle.

9. Continue over the top of the hillock to join the main path, leaving the lake on your right, through the next kissing gate and climb up to the top of Brant Fell. There's no trig point marking the summit, but you will see two stone gate posts (no gate) which are pretty much the top.

Enjoy the breathtaking 360° panoramic views. You such a sense of how long the lake is: 18km/11 miles. Straight ahead is Bowness Marina, to its left on the horizon is Morecambe Bay. Windermere village is behind you.

10. To leave Brantfell, stand between the gateposts facing the north of the lake, then turn right towards the group of white terraced houses on the right beyond the pond (this part of the valley is Matson Ground). Head down in that direction initially bearing slightly left. There's not much of a path to discern here, but the way is marked by a series of small cairns (human-made small stacks of stones).

Keep heading down towards the white buildings ahead and you'll soon see a pine tree plantation enclosed by wire fencing. Go through the gate into plantation, following the path through the pine trees.

11. Leave the plantation through the gate and turn right on the track. This leads to a stone stile in the wall. Climb over and take the left track to the road, turning left onto the road for just a few steps before re-entering the fields through a kissing gate on the left, signed Public Footpath. You're going back on yourself in U shape.

12. Once in the field, bear left up the hill where there will soon be a wall to follow on your left. You can now see that row of white house on your right, at *Matson Ground*. Go through the wooden gate in the stone wall ahead.

13. Follow the grass path slightly to the left of the little clump of trees and fields. Carry on through the grassland heading towards the stile in the corner of the field, using the series of raised planks to walk across this often boggy land.

14. Go through the metal gate and take the path to the right. Go through the small wooden kissing gate and follow the rocky path going through the gap in the drystone wall. You are now partly retracing your earlier steps.

15. Cross the tarmac road and go on a small stretch of the metal-ed road curving left, and head straight through the gate in the wall ahead on the right. Walk through the field with the wall on your left and head for the next kissing gate. The housing on your left is *Helm Farm* that you passed earlier and you're retracing your steps home.

16. Bear slightly right to follow the stone track up ahead and continue straight on into the woods, the way you came originally. Go through the kissing gate and keep on this track (not the narrower walled track which leads to a dead end road, Hilltop Road).

Carry straight on, going over the stone stile/gap in wall. Turn right to pass the houses and fields. Continue through the woods until you emerge on Park Road.

17. Turn right and follow Park Road downhill to the corner shop where you turn right into Limethwaite Road. Hope you liked this lovely walk and enjoy a nice rest and refuel 😊



*Stone steps leading to Biskey Howe.  
There's also a flatter winding path up.*

*Sunset at Biskey Howe*

